



SOCIETY FOR PSYCHOANALYSIS AND PSYCHOANALYTIC PSYCHOLOGY

DIVISION 39

AMERICAN PSYCHOLOGICAL ASSOCIATION



From the President

Barry Dauphin, PhD, ABPP

I hope that everyone is doing well and doing their best to stay healthy during this extraordinary crisis for the US and the world. Originally, this column was intended to let everyone know about the exciting things that had happened at the most recent spring meeting. Although we're not able to do that, I did want to let folks know that

There has been a lot of activity that I think represents a great deal of hard work, compassion and innovation from SPPP. Because a lot of this is behind the scenes, I'd like to take the opportunity to let people know about it.

Our three conference co-chairs, **Lara Sheehi**, **Nadine Obeid**, and **Leilani Salvo Crane**, arrived at the sad realization of the need to cancel the spring meeting a few weeks ago. This was clearly an anguishing decision for them because they had put a great deal of effort, planning, and creativity into the development of a wonderful spring meeting experience. They have been extremely dedicated and conscientious, and they approached all of their efforts with a great deal of zest. They got in contact with me to discuss their recommendations. We had a zoom conference meeting that included Lara, **Joe Schaller** (President elect) and **Stephen Anen** (program chair). Subsequently, the Executive Committee held an emergency zoom conference meeting on March 8. We were quite concerned about the well-being of all attendees and the impossibility of truly having the kind of spring conference everyone has been planning for. The Division owes a huge debt of gratitude to Lara, Nadine, and Leilani for their ongoing work and for struggling with such hard choices.

Out of our discussions emerged the possibility that we could have the meeting in New York in 2021 and retains as much of the same conference program as possible. This has never been done before, but these are certainly unusual times. Our conference planner, **Heather Kennedy** (of *Seventeen17 Management & Events*), has been negotiating with the Grand Hyatt for holding the conference in 2021 from March 17 to the 21st. I am happy to report that we have just signed a contract with the Grand Hyatt for these dates after APA legal counsel reviewed the contract. Heather has been an incredibly forceful and knowledgeable advocate for SPPP. Heather made sure that we obtained the best arrangement possible, and that the division suffered the least financial damage possible. Throughout this process, **Ruth Helein**, our division administrator, has been her usual spectacular self. She has facilitated all aspects of the nuts & bolts that we need to make this all work. I also want to thank all members of the Executive Committee, who made themselves available for a very lengthy meeting in very short order. As sad as it was for us to reach this conclusion, I'd like to assure our members that this was handled with the upmost professionalism and dedication to the safety and welfare of our members and attendees.

There are many instances of members undertaking work behind the scenes in order to fulfill the promise of our conference. One story I'd like to tell is of the efforts to bring an international scholar to the meeting. **Kris Yi** (Chair of the International Relations Committee) and the Scholars Program co-chairs (**Brian Brown** and **Ally Merchant**) worked to facilitate the visa application of an international scholar whose initial application was denied in their home country. Kris and the Scholars Program were incredibly dedicated in their efforts to do what was possible and provide this individual with the information necessary to have the best chance of success in the reapplication. Efforts included attempting to gain assistance from APA, contacting the embassy of the home country and providing the scholar with a letter from the division to use for the next application. Unfortunately, as we know, the conference was canceled, and these efforts were moot. I wanted to make sure that they were recognized as but one example of things happening to make the meeting special that many folks wouldn't be aware of otherwise.

Due to the changing circumstances of the COVID-19 situation, SPPP became aware of some pre-doctoral students who felt that they were especially vulnerable in terms of work conditions and expectations in the face of this pandemic. Several reached out to the Division for assistance. I turned to **Bhupin Butaney** (chair of the Education and Training Committee) to initiate a series of letters that we could write in support of the concerns of these students to various regulatory bodies, including the Commission on Accreditation, the Association of Psychology and Postdoctoral Internship Centers (APPIC) and the Office of Mental Health of the State of New York (OMH). Bhupin undertook this task in quick fashion and produced the letters that he and I sent out. You can see one example of this [here](#). I'd also like to thank the efforts of **Dennis Debiak** and **David Downing** on this process. We recognize that everyone in different levels of organizations is struggling in the face of ever-changing information and an invisible danger. We wanted to do our part to support the safety and welfare of psychology interns who've worked for such a long time toward their degree and were feeling especially vulnerable in light of the significant risks being faced in many settings. We received a rapid response from APPIC:

Dr. Dauphin,

Thank you for reaching out and sharing your letter of support for interns. We have heard from many interns that they are getting mixed messages - from DCTs, TDs, for example. Either today or tomorrow, CCTC will be sending out a strong statement of support for students - those still in classes, interns, and postdocs - that is in line with Div 39's statement. These are unprecedented times, obviously, which call for a different approach to training (and possibly evaluation of readiness for licensure - I am predicting).

We welcome continued ideas and opportunities for collaboration with you and other members of Division 39.

Claytie III

Claytie Davis III, Ph.D., ABPP

The CCTC that Dr. Davis refers to is the Council of Chairs of Training Councils. Although that is a mouthful, this council includes all of the major training councils in Health Service Psychology, as well as liaisons from APA, CoA, APPIC, and ASPPB. As such, this document represents a consensus among numerous chairs of training councils, all speaking as one.

You can see their statement [here](#). We also received a response from head of psychology of OMH thanking us for our input.

I was also contacted by **Eric Sherman** and **Maureen O'Reilly** (co-chairs of the Psychoanalysis and Healthcare Committee). We are exploring the degree to which this committee could be of assistance to efforts being undertaken by APA and to help foster psychoanalytic ways of thinking about the current risks. We've reached out to APA and the Psychoanalysis and Healthcare Committee is communicating to make suggestions to APA and SPPP in the face of a healthcare emergency. At the present time we don't have something concrete to report, but I wanted members to be aware that different facets of our organization are attempting to make a difference. I hope that discussions on the *Division Forum* can also contribute to informing ourselves of the value of psychoanalytic ways of thinking about this current crisis and that we can be kind to each other in that process.

Lyra Health CEO, **David Ebersman**, responded to our letter of concern about its white paper labelling psychoanalysis as iatrogenic. Much to our chagrin, but nonetheless expected, he did not address our central concern that its white paper had labelled psychoanalysis as iatrogenic and, in doing so, implied that practitioners of psychoanalysis are essentially committing malpractice. He wrote that, "Our white paper represents our view in the marketplace of ideas." While conceding that "...there are psychodynamic treatments with demonstrated efficacy", he indicated that they would, "...update the white paper to be more specific about the types of psychoanalysis, such as Freudian psychosexual theory, we are uncomfortable supporting in our program." You can access their response here: [OPEN LETTER](#).

While we are pleased with the somewhat conciliatory tone of Lyra's response and that it recognizes the demonstrated efficacy of some psychodynamic treatments, its response falls far short of addressing our concerns. They have not yet retracted the false claim of psychoanalysis as iatrogenic nor did he even mention this in his response. In fact a reference from their white paper raising concerns about psychoanalysis (Norcross, Garafolo & Koocher, 2006) was not a treatment study at all, but a survey of "experts" on their opinions about different treatments. The authors noted many drawbacks for their study (response rate issues, overrepresentation of CBT and academic psychologists, large differences in ratings based upon theoretical orientation, etc.). The authors wrote: "We recommend interpreting these results carefully and humbly (pg. 519)." None of the research that they cite in their white paper even makes the claim that psychoanalysis is iatrogenic. Furthermore, it is possible to not support a particular therapy modality within a specific business model, but that is quite different from spreading false information and labelling the false information as an accurate appraisal of the research.

We will be replying to Lyra's response and will be discussing this issue at our upcoming Executive Committee meeting (happening in cyberspace), notwithstanding that the cancellation of our spring conference has altered the timing of some meetings. We have also informed APA of Lyra's response and look forward to working with them on this issue. We understand that the COVID-19 situation has resulted in a great deal of unanticipated work for the APA Practice Office and legal departments at this time, but we are confident in being able to have a collaborative relationship with them on this issue. We will keep members updated as this develops further.

Editor Column

Bill MacGillivray, PhD

Most of us are still trying to adjust to the new reality of social distancing, video/tele-therapy, and compulsive handwashing. Odd how we often worked to increase our patient's social life, enhance emotional connection and reduce obsessive-compulsive actions. It is indeed a new era with

no *InSight* into when this era will end or become the “new normal.”

Regardless, it is time for another issue of *InSight*, which I hope will be of interest to our members. I am still working with Ruth Helein and her website gremlins to develop a more reader-friendly format for the newsletter, but this will have to do for now.

The lead-off for the issue is Barry Dauphin’s column. Although all our readers know that our Spring Meeting was cancelled, Barry will take you “behind the scenes” of the difficult decision that our board members and conference chairs had to reach in order to keep everyone safe. It may be some consolation, however, (as you will see in our second article) that SPPP is now offering podcasts that may provide some psychoanalytic nourishment in the absence of our annual meeting.

I would also call your attention to the new listserv rules for SPPP. Although the vast majority of times the listserv discussions remain respectful and informative, there are periodic eruptions that can cause distress for many of our members. It is important to always reflect before posting that the message is one addressed to about 3,000 colleagues. As a result, the message must be one of general interest to our members and the person posting should make explicit the relevance of the message for all our members. Private conversations should be, well, private. Please help keep the listserv a professional listening post, not a chat room.

Finally, I have included a reminder about the Tabin Book Prize. First time authors, please consider submitting a proposal this year for the Tabin Prize.

COUCHED: A NEW PODCAST FROM SPPP

Billie Pivnick, PhD and Romy Reading, PhD

The Humanities and Psychoanalysis Committee (HPC) of the APA's Society for Psychoanalysis and Psychoanalytic Psychology (SPPP) has been tasked with broadening the field's messaging to engage with professionals of other disciplines within the humanities, arts, and sciences, as well as to reach the educated public. To this end, Dr. Billie Pivnick and Dr. Romy Reading, Committee Co-Chairs, have been developing a podcast called *Couched*. The *Couched* Podcast Project aims to increase the visibility of psychoanalysis in our contemporary culture, to ameliorate the negative caricature of psychoanalysis that many unknowingly hold, and to generate dialogues about social problems facing us today. We will generate conversations that can create links between people and build communities in order to reweave our frayed social fabric. We believe that these dialogical experiences can provide inspiration for social engagement and activism. Each podcast episode will be 20-30 minutes in length and include three components: dialogue between a psychoanalyst and public figure, each of whom are engaged in social activism; teaching of a psychoanalytic concept in everyday language; and focus on an issue of contemporary social relevance. One episode will be posted every two weeks and be available through all popular podcast platforms as well as through our accompanying website, www.couchedpodcast.org.

Couched was launched on March 18, 2020, at the Annual Spring Meetings of SPPP. The evening's session on **Art, Activism, and Analysis at the Border** featured two related events both of which focused on the experiences of refugees, asylum seekers, and those enduring family separation at the border. First, there was a screening of the HBO documentary by Academy Award-winning filmmaker Ellen Goosenberg Kent, *Torn Apart*. Then, it also featured a live podcast recording of an improvised conversation among the podcast hosts, Drs. Pivnick and Reading, Ms. Kent, and Dr. Spyros Orfanos, founder of NYU's Immigration and Human Rights Work Group. A discussion with audience members was part of the live recording.

Also launched on March 18 was the *Couched* website, through which visitors can download bi-weekly podcasts. The first episode for available to download was called **Restoring Reality**. It featured renowned activists Drs. Robert J. Lifton and Stephen Soldz, who shared the wisdom that they have gained while fighting to expose malignancy in political and social institutions. From nuclearism to APA-sanctioned torture, from Trumpism to the destruction of the political order, our guests have confronted, exposed, and brought change to the most repellant of society's evils. In this episode we learned about modes of thought and action that can help us to restore our sense of reality in troubling times. The clarity gained from listening to these inspiring guests may remind listeners of the power of community, activism, and connection.

Available on April 1 and April 15 will be Episodes 2 & 3, **Stories of Becoming**. Esteemed psychologist and psychoanalyst, Dr. Ken Corbett, and award-winning literary fiction writer, Susan Choi, in an exploration of each other's work, discuss how feeling like an outsider in adolescence can deeply affect choice. Through their writing they illuminate how the struggle to repair a damaged sense of self can go terribly awry and lead to acts of betrayal, trauma, and

violence. The guests bring compassion and insight to the turbulence of teenage life and to the desire to belong. Listeners are invited to discover novel ways of seeing themselves and others.

The HPC is most grateful to SPPP for startup funding for the podcast and to the New York University Psychoanalytic Society for enabling the launch of our podcast and website. We will keep SPPP members updated regularly about new content and our fundraising efforts through the re-launched *Insight*.

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FROM: Cathi Grus, Ph.D. - Chief Education Officer, APA

Here's a roundup of APA resources for students, faculty, psychologists, supervisors, trainees and high school teachers of psychology. Thought it might be easier to provide these quick links.

Please share with colleagues, post to other listservs and pass along to psychologists, postdocs, interns and students who are seeking information and guidance. Be sure to check the [APA website](#) weekly for updates and new resources.

Chief Education Officer

American Psychological Association

[APA Commission on Accreditation COVID-19 updates](#)

The Commission on Accreditation is having discussions to formulate guidance regarding accreditation and OPCA staff are working to communicate this guidance as it is formulated.

[COVID-19 Education FAQs](#)

Addressing issues affecting graduate students, postdocs, interns and faculty with supervision and training responsibilities.

[APA electronic resources available for distance learning](#)

Free access to a variety of books and other academic materials offered during shut-down period.

[APA offers free access to Publication Manual and other resources through May 25](#)

To support academic libraries and their many patrons, we are providing temporary free access to the *Publication Manual of the American Psychological Association* (6th and 7th editions), the *Concise Guide to APA Style*, and more than 160 other books published by APA Books through VitalSource and RedShelf.

[Advice for psychology supervisors and trainees on caring for patients during the COVID-19 crisis](#)

As public health and education officials continue to monitor the spread of the coronavirus, here is advice for supervisors and trainees at psychology training programs on how to prepare for and adapt to fluctuating circumstances specific to patient care.

[COVID-19 relevant free journal articles](#)

This free collection includes relevant psychological research published across the APA Journals portfolio. We will update this collection on an ongoing basis.

[Free CE series on telepsychology best practice](#)

For a limited time, APA'S four-part Continuing Education in Psychology series "Telepsychology Best Practice 101" is available free of charge.

[Psychology lesson plans made available to all teachers by APA](#)

In response to the COVID-19 pandemic, APA Teachers of Psychology in Secondary Schools (TOPSS) has made psychology unit lessons available freely for the benefit all teachers.

[Conducting research during the COVID-19 pandemic](#)

Advice from psychological researchers on protecting participants, animals and research plans.

The 2021 Johanna K. Tabin Book Prize Competition

Request for Submissions

Division 39 and APA Books collaborate on two awards for members of Division 39: The Johanna K. Tabin Book Prize and the New Century Book Prize. The prizes are offered every other year. The Tabin Prize is for a *new* book author; the New Century Prize is for any author regardless of book publishing history.

We are delighted to announce once again the Johanna K. Tabin Book Prize Competition for 2021. The competition is open to any Division 39 member who has not previously been a published book author. The book may be on any topic relevant to psychoanalytic theory, thought and practice. We look for good writing, originality, as well as clinical and scholarly relevance. The proposed book should promise to be an original and coherent monograph. Edited collections of previously published papers are not acceptable, nor are edited volumes of contributions by more than one author. Simultaneous submissions to other publishers will disqualify the entry.

The proposal should consist of:

- A cover letter to include the author's identifying and contact information and Division membership information;
- A full CV;
- A statement of sufficient length to describe the mission, scope, and potential contribution of the project to psychoanalysis;
- An annotated table of contents;
- One, and only one, sample chapter.
- There must be *no* identifying information concerning the author in #3 through #5, that is, the Statement of Mission, etc., Table of Contents, and Sample Chapter.
- Submissions are accepted as *separate* attachments in, Word, Rich Text only, or similar format. Blind review evaluations are conducted by the Book Proposal Committee, the editor of APA Books, and an Honorary Judge.

The winner receives a certificate of recognition from Division 39 and APA Books a book contract with APA Books, and \$1,000 advance on royalties.

All submissions for the 2021 Johanna K. Tabin Book Prize must be submitted by September 9, 2020 to Ruth Helein, Division Administrator, at ruthhelein@gmail.com. Please use subject line Johanna K. Tabin Book Prize Competition. Questions should be addressed to: Bill MacGillivray, drmacg@comcast.net

Section III: Women, Gender and Psychoanalysis

Meredith Darcy, PhD

At Section III, our mission, to deepen our understanding of contemporary gender-related concerns and social justice, examines all facets of gender inequity while exploring the multilayered and multifaceted understanding of women in our society. Through a psychoanalytic lens we look at the historical and current power imbalance that exists around sex and gender as we explore gender expectations and stereotypes, internalization of patriarchal systems, and identity. As we examine the ideas and "ideals" of the feminine and the masculine, we look at gender in the context of ethnicity and race, non-conforming and non-binary, sexual rights and reproductive autonomy, and sexual identity. We study psychoanalytic theory and the intersection of feminist theory, queer theory, attachment theory, and more. Section III invites you to affect critical change through clinical work, theory development, research, and writing. Our mission is to learn and question as we attempt to provide insight into our current psychosocial dilemma, as well as our interpersonal and intrapersonal experience, from a unique psychoanalytic perspective.

Last year was an eventful year for Section III. Our book, *A Womb of Her Own: Women's Struggle for Sexual and Reproductive Autonomy*, was nominated for a 2018 Gradiva® Award. Read Rosemary Balsam's review here: <https://section-three.org/resources/Documents/Rosemary%20Balsam.pdf>

We also launched our new website <https://section-three.org>, where we invite you to explore and join in <https://section-three.org/joinsec3>. Our new Members' Work page features links to members' work as we develop a reference and resource library. Please join and send us a link to your articles and published material to post.

We're looking forward to the Division 39 2021 Spring Meeting in New York. Section III will have an open discussion with Dionne Powell, Anton Hart, and Carol Gilligan. Called **Collective Voices**, we will be discussing inequality, social justice, intersectionality and feminism. Questions asked: Is the word 'feminism' relevant and representative of a diverse racial, sexual, and gendered make-up? Has "women's issues" come to represent white, straight women *only*? Many women (and men too) are upset and angry—some feeling ignored, overlooked, excluded, some feeling resentful and misunderstood—how do we understand this, reflect together, and work through? What isn't being talked about and how do we hold the discomfort of difference? People want their voices heard, but what is preventing us from talking? Considering the psychoanalytic tenet to say everything that comes to mind, what is stopping that and why?

My hope is that in this scary, tenuous, and isolative time we can learn to rethink, reevaluate, and come together: now more than ever.

Listserv Use and Decorum

The Division Forum listserv is available to discuss issues relevant to psychoanalysis and psychoanalytic psychology and SPPP. Please be courteous and respectful in communications and keep communications relevant to the Forum.

Members are responsible for the information they post on the Forum; and they should always do due diligence to ensure that the posts do not contain disinformation and/or inflammatory remarks. *Violating this rule about spreading lies and disinformation may lead to suspension from the Forum.*

The Division Referral and Announcement listserv is to be used exclusively for announcements to the members and requests for referrals. Please engage in discussion on the Forum listserv and not on the Announcement and Referral listserv.

The views expressed by individuals posting on SPPP listservs are theirs and do not represent the positions or policies of the Society for Psychoanalysis and Psychoanalytic Psychology or the American Psychological Association unless explicitly stated otherwise.

According to APA policy, no listserv may be used to market products or services. A one-time announcement that a book has been published or a study group, seminar, has been formed is okay, but there must not be more than that. Forum exchanges must avoid electioneering or endorsing a candidate for federal, state, or local political office. The listservs must serve the educational needs of our members, not their commercial interests.

APA Social Media/Forum Policy can be found here: apa.org/about/social-media-policy



The Marsha D. McCary FUND FOR PSYCHOANALYSIS

The Div. 39 Fund for Psychoanalysis has been renamed **The Marsha D. McCary Fund for Psychoanalysis** in honor of its founder and devoted leader. Beginning in 2014, the Fund has given grants to help demonstrate the value of psychoanalytic principles and advance the field of psychoanalysis. The Fund is especially committed to supporting the next generations of psychoanalysts and psychoanalytically

field of psychoanalysis. The F and is especially committed to supporting the next generations of psychoanalysts and psychoanalytically oriented psychologists, and to improving the health and well-being of under-served populations.

Our Grant Winners & Description of Grants

2019 • Articulating the Value of Psychoanalysis for the Public (\$6,000)

RFP due June 15, 2019

2018 (in process) • Dissertation Research in Psychoanalysis (\$5,500)

Esen Karan, The City College of New York: *The Development of Facial Morphing Task to Assess Self and Other Differentiation*

Michael Palumbo, The City College of New York: *The effect of therapist mentalization on patient symptoms and attachment security*

2017 • Innovation in Psychoanalytic Education (\$5,500)

Francisco J. Gonzalez: *Educational Innovation Towards a Community Psychoanalysis*

The grant was given to help fund the initial development of a Community Psychoanalysis Track (CPT) for candidates at the Psychoanalytic Institute of Northern California (PINC). The funding has supported the establishment of the Community Psychoanalysis Committee, and this committee has overseen the implementation of a pilot project (supported by other funding). Further, the grant has allowed the CPT to establish and maintain relationships with seven community organizations and to develop a Community Track model.

2016 • Direct Community Service (\$6,000)

James Grabowski: *The Kedzie Center - Pequeños Exploradores/Little Explorers.*

The grant was given to help develop an eight-week program supporting parental attunement and responsiveness to the developing young child. At this time, the Kedzie center has completed one ten-week training session. At the end of the session, participants showed more engagement with their children, other parents and other children.

2015 • Research (\$4,000)

Felicitas Rost: *Combining Formal Qualitative Methodology with Outcome Findings to Explore and Elucidate the Sleeper Effect Observed in a RCT on the Effectiveness of Psychoanalytic Psychotherapy for Depression*

The grant was given to study the “sleeper effect” in psychodynamic therapy, that is, the findings that participants in psychodynamic therapy continue to make gains after termination of treatment. Analysis of the first group of qualitative interviews using thematic analysis has shown significant in-congruence between quantitative measures and self-perception of change.

2014 • Articulating the Value of Psychoanalysis for the Public (\$4,000)

Anne Dailey and Ann Prum: *The Talking Cure*

The grant was given to a psychoanalyst and filmmaker duo to help develop a documentary on the history of the “talking cure” from the 20th to the 21st centuries. At last follow-up, funding and distribution realities had narrowed the focus to the uses of psychoanalytic treatment with cases of war trauma.

Donate to The Marsha D. McCary Fund for Psychoanalysis

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If you wish to donate **marketable securities**, please contact Idalia Ramos at (202) 336-5814 or iramos@apa.org.

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Contributions can be sent to Division39Fund, APF at the address below:

750 FIRST STREET, NE | WASHINGTON, DC 20002 | 202.336.5843(P) | 202.336.5812(F)

For more information contact: Steve Axelrod
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